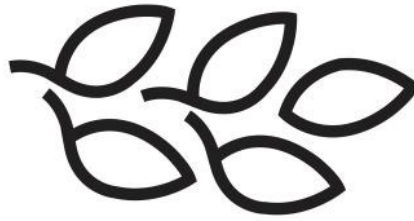




Welsh Network of Healthy School Schemes



Cynlluniau Ysgolion Iach - Rhwydwaith Cymru

At Elfed High School we engage in the Welsh Network of Healthy Schools Scheme. This scheme was launched in 1999 following a four-year pilot programme as part of WHO/EC/CoE initiative – European Network of Health Promoting Schools 1992.

The 'Healthy School' is one which takes responsibility for maintaining and promoting the health of all who 'learn, work, play and live' within it not only by formally teaching pupils about how to lead healthy lives but by enabling pupils and staff to take control over aspects of the school environment which influence their health.

We achieved Phase 5 in December 2017, after working on the following themes:

Food & Fitness

Safety & Hygiene

The current themes we are focusing on for Phase 6 are:

Emotional & mental health and wellbeing

Personal Development & Relationships

Substance Use & Misuse

Environment

We are committed to actively promoting, protecting and embedding the physical, mental and social health and well-being of our community through positive action.

The completion of Phase 6 involves a two day National Quality award visit from verifiers on June 13th & 14th.