

WEEK 3  
WYTHNOS 3



hotplate.  
plât poeth.



deli.

<b>MONDAY</b> DYDD LLUN
<b>TUESDAY</b> DYDD MAWRTH
<b>WEDNESDAY</b> DYDD MERCHER
<b>THURSDAY</b> DYDD IAU
<b>FRIDAY</b> DYDD GWENER

<p>CHILLI BEEF ENCHILADAS ENCHILADAS CHILLI</p> <p>VEGETABLE CHOWMEIN CHOWMEIN LLYISAU</p>
<p>SWEET &amp; SOUR CHICKEN CYW IÂR SUR A MELYS</p> <p>CAULIFLOWER CHEESE BLODFRESYCH MEWN SAWS CAWS</p>
<p>ROAST PORK OR TURKEY CIG RHOST PORC NEU DWRCI</p> <p>VEGETABLE CURRY AND RICE CYRI LLYSIAU A REIS</p>
<p>STEAK TOPCRUST PASTAI CIG EIDION</p> <p>TUNA/CHEESE PASTA BAKE PASTA TIWNA/CAWS WEDI CRASU</p>
<p>MINI FISH AND CHIPS PYSGODYN A SGLODION BACH</p> <p>VEGETABLE BOLOGNAISE BOLOGNAISE LLYSIAU</p>

<p><b>CHECK OUT TODAY'S CHOICE</b> <b>EDRYCHWCH AR Y DEWIS HEDDIW</b></p> <p>PANINIS PANINI RANCH WRAPS TORTILLA RANSH CHEESE &amp; TOMATO CIABATTA CIABATTA CAWS A THOMATO</p> <p>BBQ ZINGER BYNSEN BBQ FILLED JACKETS TATEN DRWY'I CHROEN WEDI'I LLENWI CHINESE CHICKEN WRAP TORTILLA CYW IÂR TSIEINEAIDD</p> <p>PITTA MELT PITTA TAWDD HOT FILLED BAGUETTES BAGUETTE Â LLENWAD POETH SWEET CHILLI CHICKEN SUB RHOL HIRGUL CYW IÂR CHILLI MELYS</p> <p>THEO'S WRAPS TORTILLA THEO BBQ CHICKEN BURGER BYRGYR CYW IÂR BBQ HAM AND CHEESE CIABATTA CIABATTA HAM A CHAWS</p> <p>FRIDAY BOX BOCS BWYD DYDD GWENER A CHOICE OF BURGER PIZZA OR SAUSAGES SERVED WITH CHIPS UNRHYW FYRGYR, PITSA NEU SELSIG A SGLODION</p>
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CHOICE OF PASTA UNRHYW BASTA CHOICE OF PIZZA UNRHYW PITSA